



## bataviatriathlon

**PRESS RELEASE**

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### **Batavia Sprint Distance Triathlon & Duathlon heats up in its Sixth Year**

**Batavia, IL (April 1, 2009)** Organizers of the Batavia Sprint Distance Triathlon & Duathlon are pleased to announce this year's event will take place on Sunday, June 14 in Batavia. The multi-sport endurance race consists of a 400 meter swim at the Harold Hall Quarry Beach, followed by a 14.7 mile bike loop, and a 4.1 mile run along the scenic Fox River. Racers can sign up as individuals or teams, or participate in a Duathlon. As many as 1,000 participants from Kane County and all over metro Chicago are expected to participate in the USAT sanctioned race.

Returning as a Gold sponsor for this year's event is Occusport Physical Therapy, which will be changing the name of several locations to Accelerated Rehabilitation Centers. As a major sponsor of the event, Accelerated Rehabilitation Centers ([www.acceleratedrehab.com](http://www.acceleratedrehab.com)) will provide free injury screening to all participants, as well as host a pre-race clinic covering injury prevention and proper stretching techniques. The company will also have a full staff on hand to provide post-race stretching and massages to participants at the finish line. Accelerated has over 60 locations.

"We are enthusiastic about forging a new partnership with Occusport and Accelerated Rehabilitation Centers," said Anne Whitcomb, Race Director. "Occusport and Accelerated Rehabilitation Centers are invaluable to our success and will insure that we will continue to stage one of the most popular sporting events in the area while helping out some extremely deserving charities."

According to USA Triathlon (USAT), the sport's governing organization, the Triathlon continues to be the fastest growing sport. Anne Whitcomb, Race Director for the Batavia Triathlon states "We've seen a doubling of our participation since we started this event five years ago. Contributing to the Batavia Triathlon's growth is word-of-mouth among the local triathlon community that ours is one of the most scenic courses."

The Batavia Triathlon is a charity event which historically has helped numerous non-profit organizations over the past five years, including Leukemia & Lymphoma's Team in Training, Batavia MainStreet and the Batavia Interfaith Food Pantry. Last year, the Batavia Triathlon raised a record \$20,000 for local charities. Since its inception in 2004, the Batavia Triathlon has raised more than \$77,000.

Volunteers are needed for this year's event. For more information, or to volunteer, contact the Triathlon's volunteer director via email at [carlahastert@comcast.net](mailto:carlahastert@comcast.net) . For more information or to register for the event, visit [www.bataviatriathlon.org](http://www.bataviatriathlon.org).